

Iron County Senior Nutrition Mercer & Springstead Feedback Survey

Iron County Aging & Disability Resource Center would like your feedback regarding the senior nutrition program in the Mercer/Springstead Area. Meals are designed for adults 60 or older or those spouses who qualify to join for lunch at local center/meal site or restaurant. These locations can offer pick-up for those unable to attend the meal location or receive home delivered meals if you meet the home-bound requirements of the program.

Recently we have noticed a sharp decline in participation in the Mercer/Springstead area. In order to better serve the Mercer area, the ADRC OF THE NORTH- Iron County office would like your feedback and needs your help to identify how to make senior nutrition a success in the future. Don't qualify yet? We still want your feedback on what you would like to see once you are eligible to participate! Thank you

Please complete and return this survey to one of the following options:

- ADRC by mailing to 307 3rd Ave South Hurley WI, 54534
- email to Trista Olson - olsont@ironcountywi.org
- Mercer Library- Box inside located by ADRC information table
- Mercer Senior Center- outside box by entryway

The feedback you provide will help use to identify next steps to creating a meal model that adults would like to participate with and use in the Mercer/Springstead community!

Have you ever participated/partook in the Aging & Disability Resource Center Senior Nutrition Program at the Mercer Senior Center or Springstead Townhall? YES or NO

A. If YES, how many times within the last 12 months? _____

B. If NO, why not? Please circle as many as apply

- Never knew about the meal program
- Not interested in participating in the meal program
- Too far to drive
- I have other obligations at that time
- Tried in the past and didn't like the food
- Tried in the past and didn't feel welcome
- Other: _____

Currently meals are served at the Mercer Senior Center & Springstead Town Hall. Meal Locations can be located in Senior Centers, Restaurants, Bars, Community Centers etc. Meals can be catered in, on-site cooking or working with a local restaurant to offer meals via a voucher system. What sites would you be willing to partake in the nutrition program? Circle all you would consider

- The Senior Center/ Springstead Town Hall
- Other centers, such as VFW Hall, Mercer Community Center
- Local Restaurants willing to participate in the nutrition program using vouchers
- Other Please Describe: _____
- None of the above
- Something else, please explain: _____

Mercer currently operates the nutrition program three days a week on Tuesday, Wednesday and Thursdays. What days of the week would you partake in the nutrition program if offered? Check all that apply.

- | | |
|-----------|---------------------------------|
| Monday | Not interested in participating |
| Tuesday | in the meal program. |
| Wednesday | |
| Thursday | |
| Friday | |

The Springstead location currently operates the nutrition program one day a week on Wednesdays. If you participate in the Springstead location, please indicate if you would like to keep lunch days on Wednesdays or consider another day.

- Wednesdays- Please keep lunch the same in Springstead
 - I would participate more if meals were offered on: (please check one day below).
 - Mondays Tuesdays Thursdays Fridays
-

Time of lunch is important; please check the best time you would like the lunch program to start in Mercer and Springstead.

- 11:00 am
 - 11:30 am
 - 12:00 pm
 - Any time
 - None of the above. What time would you choose? _____
-

Participants of our home delivery program require those to be home bound by means of physical, mental health or disability that limits their ability to pick-up meals or participate at the provided meal site. The home delivery program requires that you must be home to receive the meal. If you needed home delivery, when would be the best time to deliver your meal.

- Earlier than 10am
 - 10 am or later is preferred
 - 12:00-1:00 PM
 - Time doesn't matter to my needs.
-

Would you like to participate in before or after lunch activities if offered? Please list what activities would interest you if offered (i.e.- bingo, card games, trivia, arts & crafts, listening sessions, FE University classes, exercise programs).

- Yes, I would participate with after lunch or before lunch activities if offered. If answered yes, please list activities of interest: _____

 - No, I would not be interested in participating. _____
-

Meal options are important to us. Per policy we are required to meet certain food guidelines that include protein, green leafy vegetables, bean/lentils, whole wheat/grains, dairy and fruit. What food options matter to do you?

- More vegetarian/plant-based options
- Diabetic/ low carb options
- The current menu options satisfy my needs
- More heart healthy chooses like salads, soups and wraps.
- Other options _____

Demographic Information

Age: _____

Race: _____

What is your gender identity:

- Male
- Female
- Transgender
- Nonbinary
- Other
- Prefer not to say

- White/Caucasian
- Native American
- African American
- Native Hawaiian or Pacific Islander
- Hispanic/Latino
- Two or More
- Other
- Prefer not to say

Marital Status:

- Married
- Divorced
- Widowed
- Separated
- Single
- Prefer not to say

Household Size:

- 1
- 2
- 3
- 4 plus
- Prefer not to say

Your responses below will help us determine if we've met our goal of getting feedback from a broad range of community members. Please select all the options that apply to you.

- | | | |
|------------------------------|--|----------------------------------|
| Iron County Resident | Health Care Professional | A person with a disability |
| 50-100 years old of age | Employee/Volunteer
Serving Older Adults | An elected official |
| Caregiver of a family member | A person of color | A member of the LGBTQ+ Community |

What is the highest level of education completed:

- | | | |
|--------------------------|---------------------------------|--------------------------------|
| Less than high school | Technical Certificate | Masters Degree |
| Highschool-including GED | Associate's degree
(2 years) | Doctoral Degree |
| Some College | Bachelor's Degree
(4 years) | Professional degree
(JD,MD) |
| | | Prefer not to say |

Have additional comments or suggestions for the senior nutrition program in Mercer/Springstead?

Would you like more information about the senior nutrition program? YES or NO

If so, please provide your name and phone number or contact us at 715-561-2108.

Your Name: _____ Phone Contact: _____



Thank you for taking the time to complete our survey. Your feedback is greatly appreciated and will help us improve our services in the future. If you have any further comments or concerns, please feel free to contact us directly by calling 715-561-2108 ext. 4 for the Aging/ADRC Manager