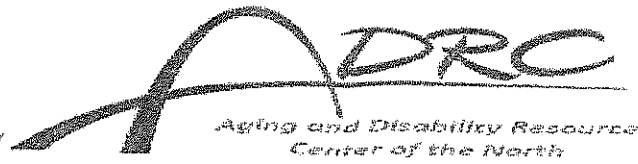


**HAPPY**  
4<sup>TH</sup> OF  
**JULY**



**JULY 2022**

\*HURLEY: M-F 561-2108 \*SAXON: M-W 893-2333 \*MERCER: TUE-THUR 476-2113  
\*SPRINGSTEAD: WEDNESDAY ONLY 476-2113 \*IRON BELT: THURSDAY ONLY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Carry Out Time</b> 11:00 am - 11:30 am  <b>Dine-in Served</b> 12:00 PM				<b>1</b> Sloppy Joes Wedge Fries Baked Beans Cake
<b>4</b> <b>CLOSED</b> 	<b>5</b> <i>Chef's Choice</i> Asian Cranberry Chicken Salad Croissant Sun Chips Pineapple Dump Cake	<b>6</b> Pot Roast Potatoes Carrots Broccoli Salad Samoa Dessert Lasagna	<b>7</b> Poor Man's Lobster Rice Pilaf 5-Way Blend Donut	<b>8</b> Scalloped Potatoes & Ham Peas and Carrots Cinnamon Roll
<b>11</b> Brat Burger Tater Tots Tomato Salad Cookies	<b>12</b> Beef and Broccoli Ramen Stirfry Asian Slaw Cherry Dream Cake	<b>13</b> Turkey Dinner Mashed Potatoes Corn Tossed Salad Pumpkin Bar	<b>14</b> Seafood Primavera Cuke Salad Blueberry Cobbler	<b>15</b> Pizza English Pea Salad Yogurt with Fruit
<b>18</b> Kielbasa Peppers and Onions Cheesy Hashbrowns Jello	<b>19</b> Chicken Gyro Pita Quinoa Salad Fruit	<b>20</b> Baked Ham Baby Reds Green Beans Beef Salad Banana Cheesecake	<b>21</b> Philly Cheesesteak Sandwich Chips Apple Crisp	<b>22</b> Tater Tot Casserole Copper Penny Salad Fruit Croissant
<b>25</b> Salmon Patty Sweet Potatoes Roast Brussel Sprouts Muffin	<b>26</b> Cobb Salad Pecan Ice Cream Pie	<b>27</b> Spaghetti w/Meatballs Broccoli Spinach Salad Strawberry Delight	<b>28</b> Pork Cutlet Sandwich Wedge Fries Carrot Raisin Salad Pudding	<b>29</b> Chicken Cordon Bleu Wild Rice Blend Veggie Blend Peaches



**Find us on Facebook:**  
Aging and Disability Resource Center  
of the North-Iron County

**\*PLEASE CIRCLE THE MEALS YOU WANT**  
\*Please make reservations 24 hours in advance!  
\*Checks can be made to ICHS  
\*Milk included with every meal

\*Items may be changed without notice. \*\*All substituted items meet or exceed USDA standards for RDA.  
This menu has been approved by Anna Mooi: Registered Dietician